



Food & Drink

Pot Luck 30

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1. Which well-known brand of natural mineral water is sourced from the spa town of Buxton in Derbyshire, England?
2. Bigos, a hearty stew made from sauerkraut, fresh cabbage, meats, and spices, is the national dish of which European country?
3. Which pasta dish, whose name humorously translates to "priest stranglers," hails from northern Italy?
4. The sweet-tasting leaves of the Stevia rebaudiana plant are used as a natural substitute for which everyday ingredient?
5. Which cut of beef comes from the breast or lower chest area of the cow and is often used in slow-cooking recipes like barbecue and braised dishes?
6. Which global food and beverage giant, known for brands like KitKat, Nescafé, and Purina, is headquartered in Vevey, Switzerland?
7. 'Stinking Bishop' and 'Ticklemore' are unusual names for varieties of which type of food?
8. Darjeeling and Assam are famous regional varieties of which widely consumed beverage?
9. Known in Eastern Europe, what type of dairy product is called 'Tvorog' in Russian and 'Twaróg' in Polish?
10. Which traditional Cornish dish is made with eggs and potatoes in a pastry crust, sometimes featuring sardine heads sticking through the top?
11. Kombucha is created by fermenting which base liquid with sugar and a SCOBY (symbiotic culture of bacteria and yeast)?
12. The "Giant Puffball" is a large white example of what type of edible organism?



Total
Score





Question	Answer	Did You Know?
1. Which well-known brand of natural mineral water is sourced from the spa town of Buxton in Derbyshire, England?	1. Buxton Water	1. Buxton has been known for its water since Roman times and was once a fashionable health resort visited by Georgian high society.
2. Bigos, a hearty stew made from sauerkraut, fresh cabbage, meats, and spices, is the national dish of which European country?	2. Poland	2. Bigos was mentioned in Poland's national epic poem Pan Tadeusz, highlighting its cultural significance.
3. Which pasta dish, whose name humorously translates to "priest stranglers," hails from northern Italy?	3. Strozzapreti	3. The name strozzapreti reflects anti-clerical sentiment from centuries past, when the clergy was often resented for its wealth.
4. The sweet-tasting leaves of the Stevia rebaudiana plant are used as a natural substitute for which everyday ingredient?	4. Sugar	4. Although native to South America, Stevia is now grown worldwide and approved as a food additive in many countries.
5. Which cut of beef comes from the breast or lower chest area of the cow and is often used in slow-cooking recipes like barbecue and braised dishes?	5. Brisket	5. Brisket is a staple in Jewish cuisine, Texan barbecue, and Vietnamese pho—showcasing its global appeal.
6. Which global food and beverage giant, known for brands like KitKat, Nescafé, and Purina, is headquartered in Vevey, Switzerland?	6. Nestlé	6. Nestlé began in 1867 when founder Henri Nestlé developed a milk-based infant food that saved a baby's life.
7. 'Stinking Bishop' and 'Ticklemore' are unusual names for varieties of which type of food?	7. Cheese	7. Stinking Bishop gained international fame after being featured in the Wallace & Gromit film The Curse of the Were-Rabbit.
8. Darjeeling and Assam are famous regional varieties of which widely consumed beverage?	8. Tea	8. Darjeeling is often referred to as the "Champagne of Teas" due to its unique aroma and high-altitude cultivation.
9. Known in Eastern Europe, what type of dairy product is called 'Tvorog' in Russian and 'Twaróg' in Polish?	9. Cottage cheese (or curd cheese)	9. Tvorog has been made for over a thousand years and is considered highly nutritious due to its protein and calcium content.
10. Which traditional Cornish dish is made with eggs and potatoes in a pastry crust, sometimes featuring sardine heads sticking through the top?	10. Stargazy pie	10. The sardine heads poking through the crust symbolize the fish "gazing at the stars"—hence the name.
11. Kombucha is created by fermenting which base liquid with sugar and a SCOBY (symbiotic culture of bacteria and yeast)?	11. Tea	11. Kombucha has been brewed for over 2,000 years, originating in East Asia before gaining global popularity as a health drink.
12. The "Giant Puffball" is a large white example of what type of edible organism?	12. Mushroom	12. Giant puffballs can grow to the size of a football and are edible when young and white inside. They're sometimes used as a meat substitute but must be carefully identified.